

WORLD ELDER
ABUSE DAY
JUNE 15

REPORT ELDER ABUSE IT'S YOUR DUTY BY LAW

HONOUR AND RESPECT OUR OLDER PERSONS – HONOUR OUR NATION



TYPES OF ELDER ABUSE

Physical abuse – Any action that causes physical injury or discomfort.

Sexual abuse – Any form of sexual contact or exposure without the consent and/or full knowledge of the elderly person.

Financial or material abuse – The illegal or improper use of money, or taking of belongings without the full knowledge, consent or willingness of the elderly person.

Psychological or emotional abuse – Any actions that lead to emotional anxiety or suffering by the elderly person.

Neglect – The withholding of care and basic necessities for the physical and emotional wellbeing of the elderly person.

PREVENTION: PROTECTING YOURSELF AGAINST ELDER ABUSE

Steps for protecting yourself against elder abuse:

Secure your finances – Get your financial and legal affairs in order. Enlist professional help or a trusted friend or relative to do so.

Avoid social isolation – Keep in touch with family and friends.

Report substandard care, abuse or neglect – If you are unhappy with how you are being treated by anyone, speak up. Tell someone you trust, and report the abuse or neglect by contacting an elder-abuse helpline or your local authorities.

REPORT ELDER ABUSE!

Halt Elder Abuse Line (HEAL)

Tel: 0800 003 081

Action on Elder Abuse South Africa

Tel: 021 426 5526

Age-in-Action

Tel: 021 426 4249

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